

the Post

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Beat the heat!

This past week's heat wave set records in many cities across the nation. The following tips will help avoid heat injuries. For more information on beating the heat, see page 2.

PROTECT YOURSELF FROM HEAT STRESS!

- When the body is unable to cool itself by sweating, several heat-induced illnesses such as heat stress and the more serious heat stroke can occur.

- High temperature and humidity, direct sun, limited air movement, physical exertion, some medicines and heat intolerance can all contribute to heat stress.

- Headaches, dizziness, fainting, moist skin, mood changes, and upset stomach are signs of heat exhaustion.

- Dry, hot skin with no sweating, mental confusion or loss of consciousness and seizures are symptoms of heat stroke.

KNOW THE SIGNS OF HEAT STRESS!

- Monitor yourself and your co-workers.

- Use fans and block direct sun.

- Rest regularly and drink lots of water, about one cup every 15 minutes.

- Wear loose, lightweight, light colored clothing.

- Avoid alcohol, caffeine and heavy meals.

- Don't take chances! If you believe you or someone you are with is suffering from heat stress, call medical help at once. While waiting for help to arrive, move to a shaded area, loosen clothing, drink water and fan and mist skin with water.

- For additional information on heat stress and management, log on to the Occupational Safety and Health Administration's Web site at www.osha.gov.

WEATHER

FRIDAY -- Periods of sun with a shower or thunderstorm possible into the early afternoon. High of 89 degrees, low of 65.

SATURDAY -- Mostly sunny with patchy clouds. High of 90 degrees, low of 65.

SUNDAY -- Sunny to partly cloudy and warm. High of 87 degrees, low of 67.

Pandemic flu serious threat

Seasonal (or common) flu is a respiratory illness that can be transmitted person to person. Most have some immunity, and a vaccine is available. Every year, seasonal flu kills about 36,000 Americans.

Avian (or bird) flu is caused by influenza viruses that occur naturally among wild birds. The H5N1 variant is deadly to domestic fowl and can be transmitted from birds to humans. There is no human immunity and no vaccine is available. The illness is not currently spread from person to person.

Pandemic flu is virulent human flu that causes a global outbreak, or pandemic, of serious illness. Because there is little natural immunity, the disease can spread easily from person to person. Currently, there is no pandemic flu, but previous outbreaks have been devastating.

In 1918 the Spanish flu claimed the lives of 500,000 Americans. This was an unusually severe influenza pandemic.

The Asian flu pandemic of 1957 resulted in the deaths of 69,800 U.S. citizens.

The Hong Kong flu pandemic of 1968, the least severe of the 20th century pandemics, resulted in 33,800 deaths.

Pandemic flu is virulent human flu that causes a global outbreak, or pandemic, of serious illness. Because there is little natural immunity, the disease can spread easily from person to person.

An influenza (flu) pandemic is a worldwide outbreak of flu disease that occurs when a new type of influenza virus appears that people have not been exposed to before (or have not been exposed to in a long time). The pandemic virus can cause serious illness because people do not have immunity to the new virus. Pandemics are different from seasonal outbreaks of influenza that we see every year. Seasonal influenza is caused by influenza virus types to which people have already been exposed. Its impact on society is less severe than a pandemic, and influenza vaccines (flu shots and nasal-spray vaccine) are available

to help prevent widespread illness from seasonal flu.

Influenza pandemics are different from many of the other major public health and health care threats facing our country and the world. A pandemic will last much longer than most flu outbreaks and may include "waves" of influenza activity that last 6-8 weeks separated by months. The number of health care workers and first responders able to work may be reduced. Public health officials will not know how severe a pandemic will be until it begins.

Influenza viruses are actually a family of viruses, called the orthomyxoviridae which have three members, called Types A, B, and C. Type A viruses cause infection in a wide variety of mammals, including man, horses, pigs, ferrets and birds. It is the main pathogen that is associated with epidemics and pandemics in humans. Type B viruses infect only mammals and cause disease, but generally not as severe as the A types. Type C viruses also only infect mammals, but do not cause disease (?). As you can see all three types can cause infection in humans, but Type A viruses are most infectious to humans, and for that reason we will concentrate on them.

(continued on page 3)

Training heats up for West Point-prep students

Wayne Cook
Public Affairs Staff

Cadet candidates from the United States Military Academy Preparatory School (USMAPS) Class 2007 at Fort Monmouth underwent eight grueling days of training at Fort Dix during the last week of July and the first week of August.

More than 235 cadet candidates began their year of preparing for entry into West Point Military Academy with a visit to the post to attend Operation Rock Solid, a conglomeration of team-building and character-building exercises and military familiarization tactics.

A cadet candidate is someone who has received an athletic scholarship to attend West Point or is a prior military enlisted member who wishes to advance his or her career as an officer and has been selected to attend the academy. They must attend a one-year prep school at the USMAPS to sharpen themselves academically and physically in preparation for entry into West Point.

The cadet candidates receive two hours of advanced math and two hours of English each day, followed by a mandatory athletic program to prepare their bodies for the rigors of the military and athletic competition at the academy level, according to Sgt. Kyle Turner, USMAPS, operations non-commissioned officer.

While at Fort Dix, the cadet candidates underwent vigorous training in three areas: Basic rifle marksmanship, combat training with both the pugil stick and hand-to-hand, and the Leadership Reaction Course.

An interesting point of the event on Fort Dix and the training provided is that all members of the training cadre were cadets currently attending West Point.

"This is the fourth year that West



Wayne Cook

GROUP EFFORT -- Cadet candidates from the United States Military Academy Preparatory School at Fort Monmouth push a Humvee up a street with a slight incline for approximately 250 yards as part of their week-long training at Fort Dix.

Point cadets have run the program. It's the first year that we have been fully staffed with a complete cadre, including a sergeant major and first sergeants for each company," said Cadet Battalion Commander Andrew Morgan, a cadet senior.

"The active-duty Soldiers provide guidance and resources when needed. The West Point cadets run the show. They have their own command structure; a battalion commander, three companies and support staff," said Sgt. 1st Class Gerardo Avila, tactical non-commissioned officer, USMAPS.

Facing off, one-on-one, and in formation the cadet candidates learned multiple offensive and defensive moves with the pugil sticks. They were also taught the basics in hand-to-hand combat.

Out at the ranges, the cadet candidates received firearms familiarization and fired the M-16 for qualification. According to the cadet battalion commander, West Point Cadet Andrew Morgan, approximately 60 percent of the cadet candidates qualified on the rifle, even though the cadet candidates had only received one day of instruction.

Another day of challenges included 12 events such as the Humvee push, an event where a squad of nine cadet candidates pushed a Humvee up a street with a slight incline for about 250 yards. Another event was the one-rope bridge station, where the cadet candidates had to tie off a rope at both ends to two trees, simulating a bridge across a river, and then had to traverse the bridge utilizing a rope harness that each of them had to learn to configure from a length of rope and a carabiner.

(continued on page 4)

New top NCO selected for Army Reserve

Fort McPherson, Ga. - The Secretary of the Army has selected Command Sgt. Maj. Leon Caffie to be the next Command Sergeant Major of the Army Reserve.

Caffie currently serves as the Command Sergeant Major of the 377th Theater Support Command headquartered in New Orleans, La. He will be sworn in as the tenth CSM of the Army Reserve, taking over for CSM Michelle Jones, who has served in the assignment since October, 2002.

In his new position, Caffie will be the top non-commissioned officer of the more than 153,000 enlisted Soldiers who fill the ranks of the Army Reserve. His duties will include serving as the chief adviser to the Chief of the Army Reserve on all enlisted Soldier matters, particularly areas affecting training, leader development, mobilization, employer support, family readiness and support, and quality of life. Caffie will be the Army Reserve enlisted Soldier's representative at all levels within the Army, Department of Defense, U.S. Congress and in the media. He will also be an active member of multiple councils and boards that make decisions and recommendations affecting Soldiers and their families.

(continued on page 3)



file photo

Team Dix Day means fun for all

This year's Fort Dix Day will be held at John Mann Park Aug. 9. The festivities will begin at 11:30 a.m., with the food line open from noon to 1 p.m. Adding to the day's fun will be games, challenges, door prizes, a dance contest, and the Fort Dix Day special guest - music sensation Tito Puente Jr. Of course, the usual John Mann Park attractions such as go-carts and batting cages will also be available.

health & fitness



Army Heat Injury Prevention Program



www.medring.com



Ali Daryani

Avoiding wrath of sun god

Steve Snyder
Public Affairs Staff

The National Weather Service issued a warning about excessive heat that was in effect in Burlington County from Tuesday afternoon through Wednesday night. At press time Wednesday, temperatures were forecast to hit 102 degrees F during the day, and with humidity added it would feel like 115 degrees!

The world doesn't stop just because it gets hot. But excessive activity during extreme heat can lead to heat injuries.

The three levels of heat injuries are dehydration, heat exhaustion and heat stroke. The occur when the body's temperature rises above normal but cooling mechanisms fail, i.e., the body's temperature can no longer be lowered.

All heat injuries have dehydration at their base. To prevent it, drink enough water before, after, and during exercise or work whether inside or out. In addition to water, electrolyte-replacement drinks like Gatorade are valuable hydration aids because they replenish the body's glucose levels along with bolstering much needed minerals such as sodium and potassium.

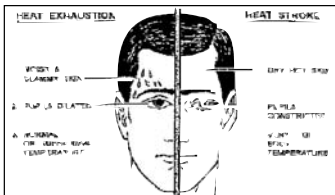
Along with proper hydration it is important to allow your body to breathe. Wear loose-fitting, light-colored clothing outdoors and a cap to keep the sun from frying your face.

Sunblocks help protect those forced to work in the sun, especially the fair-skinned. But knowledge is the best protection against heat injury.

Symptoms of heat injury are thirst, headaches, nausea and vomiting, cramps, dizziness, weakness, disorientation, hot and dry skin, weakness accompanying rapid heart beat, low blood pressure, rapid breathing and, finally, unconsciousness.

Treatment is the same for most heat injuries. Get indoors or in the shade. Elevate feet and loosen clothing. Drink fluids. Use cool wet clothes to apply water to the skin. Or immerse yourself in water by swimming or bathing.

Chill out.



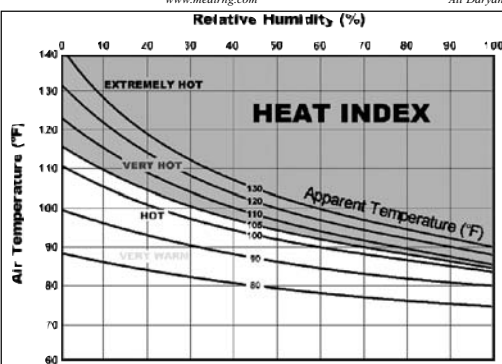
www.brooksidepress.org

DAMAGE CONTROL — There's a big difference between heat exhaustion and heat stroke. Exhaustion wounds but heat stroke can kill you very quickly. It helps, then, to distinguish between the two and know how to treat each.



Steve Snyder

SUN SENSE — Lt. Col. Stephanie Rogers, Task Force Edison, 1st Segment, 1st Brigade, 78th Division, back strokes through the cool waters of the Outdoor Pool on Monday, finding relief from the pulsating rays of a savage sun. Getting wet at Fort Dix's Indoor or Outdoor Pools is a soothing antidote and sensible alternative to roasting in a swamp-like environment.



www.srk.weather.gov

THE HEAT IS ON — The body drains off excess heat by radiation, convection (fluid motion) and evaporation. Once temperatures reach 95 degrees F or above, heat loss by radiation and convection stops and sweating and evaporation must take over. Sweating is ineffective unless the water is removed by evaporation (sweat changing to water vapor). But high relative humidity retards evaporation. Relative humidity is a measure of the amount of water vapor contained in the air, divided by the maximum amount the air can hold. And the max amount the air can hold depends, in turn, upon the temperature (the "relative" in relative humidity). The higher the temperature the more water vapor the air can hold. For example, air with a temperature of 40 degrees F can hold 0.20 ounces of water. On the above chart, follow the temperature line until it intersects the relative humidity line. Then read the Heat Index on the curved line. Category 1 or extremely hot is when the heat index or apparent temperature (the temperature the body "feels") is 130 degrees or higher, making heat/sunstroke highly likely with sustained exposure. Category 2 or very hot, reaches 105-130 degrees F, making sunstroke, heat cramps or heat exhaustion likely. Category 3 is classified as hot at 90 degrees F to 105 degrees F with sunstroke, heat cramps, or heat exhaustion possible with prolonged exposure. (Liberalized derived from JetStream: An Online School for Weather)



Steve Snyder

NATURE BOY — Playwright Noel Coward claimed only "Mad Dogs and Englishmen go out in the midday sun" but he never encountered fitness fanatics populating today's scene. Ed Mingin, sports editor for the Post, left, jogs his merry way around the one-mile track in 92-degree heat at noontime, Monday. Although he suffered no ill effects, it's generally not a good idea to conduct strenuous exercise under a scorching sun. Mingin mitigated the effect of the heat by wearing a hat, sunglasses, a loose fitting shirt, and having water nearby.

Brandon Taylor Pruitt 1997-2006

Brandon Taylor Pruitt, 9, died July 28 at Children's Hospital in Philadelphia, Pa.

Brandon's father, Michael B. Pruitt, is a Soldier in the 63rd Explosive Ordnance Battalion stationed at Fort Dix. Brandon was born May 11, 1997, in Little Rock, Ark. He formerly lived in Jacksonville, Ark., where he was a member of the Assembly of God Church.

Brandon also played football on the Fort Dix "Chargers" Mitey Mites team.

Survivors include his parents, Michael B. and Jennifer L. Massey Pruitt, and brother, Derek Pruitt, all of Fort Dix; grandparents Betty and William Brewer of Jacksonville, Oma, and Garland Massey of Greenbrier, and Michael and Tammy Pruitt of Austin, Ark.; aunt Rebecca Massey of Greenbrier and uncle Cody Massey of Fayetteville, Ark.

Funeral service is at 10 a.m. Aug. 2 at Moore's Funeral Home Chapel in Jacksonville with Rev. Derek Smith officiating. Interment will follow in Chapel Hill Memorial Park. Visitation is 6 - 8 p.m. Aug. 1 at the funeral home.

Special thanks to the Children's Hospital in Philadelphia, Brandon's Oncology Team, the 63rd Ordnance Battalion, the Pelphrey Family and Dr. Peter Phillips for their kind care and support. Please sign the on-line guest book at www.moorejacksonvillefuneralhome.com. Funeral arrangements are under direction of Moore's Jacksonville Funeral Home, (501) 982-2136.



Brandon Taylor Pruitt joins a friend at the lighting of the Post Christmas tree last year.

the Post

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Pandemic flu

(continued from page 1)
Type A is a medium sized virus, as viruses go, but all viruses are extremely small, much smaller than bacteria. Compared to almost any other micro-organism viruses are simple in structure, consisting of little else than genetic material that specifies how the virus is built and any accessory structures it needs to trick a host cell to build a new copy of itself from this blueprint. In effect, it wants to turn the host cell into a xerox machine for influenza virus.

Commandeering a host cell for this purpose is called infection. The consequences for the host cell might be small (new copies of a harmless virus are made) or catastrophic (the host cell dies and viral copies are

Inter-pandemic phase	Low risk of human cases	1
New virus in animals, no human cases	Higher risk of human cases	2
Pandemic alert	No or very limited human-to-human transmission	3
New virus causes human cases	Evidence of increased human-to-human transmission	4
	Evidence of significant human-to-human transmission	5
Pandemic	Efficient and sustained human-to-human transmission	6

loosed to infect and kill more cells). Because our bodies try to defend against bad consequences we have defenses which are in turn countered by viral counter-defenses, which the virus builds into its structure. Thus the influenza virus has both the means to replicate itself and some tools and strategies to

interfere with the host cell's ability to prevent it from accomplishing its objective. Experts at WHO and elsewhere believe that the world is now closer to another influenza pandemic than at any time since 1968, when the last of the previous century's three pandemics occurred. WHO uses a series of

six phases of pandemic alert as a system for informing the world of the seriousness of the threat and of the need to launch progressively more intense preparedness activities.

Next week: What can happen during a pandemic, and how we can be prepared. Information provided by Avianflu.gov.

Guard lauded for border mission

Sgt. Jim Greenhill
National Guard Bureau

NOGALES, Ariz., Army News Service, July 31, 2006 — The number of illegal immigrants crossing from Mexico into the U.S. Border Patrol's busy Tucson, Ariz., sector have dropped from about 600 a day in March to 200 this month, according to Border Patrol officials.

Although apprehension rates typically vary with the season, Border Patrol officials attribute the latest drop to the arrival of National Guard troops for Operation Jump Start, the initiative President George W. Bush announced in mid-May to help the Border Patrol secure the U.S. border with Mexico.

"We've seen dramatic decreases in the number of entries and apprehensions," said John Fitzpatrick, patrol agent in charge of the Nogales Station. "They've basically come in and shut down those areas where they've been deployed overnight."

The Tucson Sector patrols more than 280 miles of border, 32 miles of it within the Nogales Station's territory. The border terrain is as difficult for the agents who police it as it is for the human smugglers and drug traffickers who try to negotiate it for profit.

"If we can put enough pressure on the border so that it's not feasible and not economically viable for these smugglers to continue to smuggle people across, that allows us to then focus on everything else that's



Sgt. Jim Greenhill

ON THE LOOKOUT — A National Guard member stands watch on the U.S. border with Mexico at Nogales, Ariz. The Citizen-Soldier is participating in Operation Jump Start, the National Guard's assistance to the U.S. Border Patrol. Up to 40 percent of Operation Jump Start troops are expected to be armed for self-defense.

going on," Fitzpatrick said.

Nogales is one of the nation's peak places for human crossings. About 800 pounds of marijuana are seized there each day. And some 450,000 people were apprehended in the sector last year, including 30,000 criminal aliens, some of them rapists and murderers.

Fitzpatrick credited National Guard Soldiers with helping the patrol make a significant drug bust during the second week of July. Guard members are also building a road that will improve agents' access to the border.

"They're putting up hundreds of feet a day and covering areas that we've never really been able to address with infrastructure," he said. "And it's happening at a rapid rate, so there's significant and immediate impacts."

Guard members also are relieving agents who could not perform their law enforcement duties because they had to carry out other tasks.

"We had agents in here who were answering phones, working in dispatch, working as administrators, working as mechanics," said Jose Maheda, a field operations supervisor.

The Guard's arrival is an important contribution to improving border security, said

Fitzpatrick.

"I'm not sure that people in the interior of the United States necessarily see and understand the magnitude of the problem that we have, and the threat that we face along our border and the potential vulnerabilities that we may have."

Guard members have upbeat attitudes about the mission.

"It's great that we're supporting the Border Patrol, that we're serving our country this way," said Staff Sgt. Desi Hermosillo.

Capt. Jeremy Cook also understands the importance of the Guard's mission. When he's not commanding Alpha Company, 1st Battalion, 158th Infantry, 29th Infantry Brigade Combat Team, he's a senior Border Patrol agent at the Nogales Station.

"It's alleviated a lot of pressure on us," said Cook. "It's helpful, very helpful."

Up to 6,000 troops participating in Operation Jump Start are expected to be on duty along the 1,300-mile border from Texas to California by Aug. 1. The \$770-million operation in support of Customs and Border Protection could continue for up to two years.

NCO Call
at Club Dix
Wednesdays at
6 p.m.

Police Log

Top NCO

(continued from page 1)

Caffie comes to the job with more than three decades of military experience. He started his military career April 2, 1970 when he was drafted into the United States Army. He served his country in Vietnam from August 1970 to June 1971. Caffie joined the United States Army Reserve on March 31, 1972 and has served in many different assignments during his climb through the ranks. His military campaigns include Vietnam, Operation Enduring Freedom, and Operation Iraqi Freedom. During Operation Enduring Freedom, Caffie served as the Command Sergeant Major of Camp Arifjan, Kuwait.

His military awards and decorations include the Republic of Vietnam Campaign Medal, the Vietnam Service Medal, the National Defense Service Medal, the Army Achievement Medal, the Army Commendation Medal, the Meritorious Service Medal, the Legion of Merit Medal and two Bronze Star Medals, one for service in Vietnam and the other for service during Operation Iraqi Freedom.

In his civilian career, Caffie serves as the commander of the Criminal Investigations Division of the Sheriff's Office in Alachua County, Fla. He is charged with the overall administration of the Criminal Intelligence Bureau, Detective Bureau, Juvenile Relations



Command Sgt. Maj.
Leon Caffie

Bureau, and Warrants Bureau. Caffie holds an Associate of Arts Degree in General Education from Santa Fe Community College, Gainesville, Fla. and a Bachelor of Science in Communications from Regent College, Albany, New York. He has completed numerous civilian law enforcement courses and certifications. Among his certifications are SWAT Training Course Certification, Hostage Negotiations Training Course Certification, Law Enforcement Certification. He has a diploma in Criminal Justice Education from the University of Virginia, in Charlottesville, Va. and he graduated with distinction from the FBI National Academy in June 1991.



Wayne Cook

TEAMWORK -- Cadet candidates Jessie Arntz and Nic Bundy assist Cody Buck up a hill during the Buddy Carry event of Operation Rock Solid, a conglomeration of military familiarization tactics and team-building exercises run by the United States Military Academy Preparatory School from Fort Monmouth.

West Point prep

(continued from page 1)

The cadet candidates endured stifling 100-plus-degree temperatures while mastering the 12 events, many of which were physically challenging.

The final event of the course was a six-mile road march the morning of August 2. The cadet candidates turned out for a march in full gear around post.

"I was thinking about West Point for about two years before I was ever offered a scholarship. I know a wrestler who is at West Point who is also from Tennessee. I like the coach. I know I can do well there. I wanted to be a leader in the military and this is the best place to go," said cadet candidate Nic Bundy, a Hendersonville High graduate who was recruited on an athletic scholarship, when asked why he chose to attend USMAPS.

"I had a brother who went to West Point. He graduated this year. For a career in the military it is the best way to go," said cadet candidate Pfc. Matthew Dieterich, formerly 82nd Airborne, about why he decided to make the change in his military career.

"We are trying to get the word out to Soldiers about the

opportunities of the prep school and West Point. Our goal is to have 50 percent of our classes filled with prior Soldiers," said Col. Tyge Rugenstein, USMAPS commandant.

"I am a former prep school student. The prep school did a lot for me. It helped me build my confidence and improve my academics. It really prepared me for West Point. I am a prior service Soldier. I wanted to give something back. This is the purest leadership training experience there is. The cadets run the entire training program. It is totally awesome. I volunteered to come back again for my third year," said Morgan when asked about his continued involvement and commitment to USMAPS.

By the time the cadet candidates had completed the week's events, they had undergone a transformation. They no longer were the new members of Class 2007 - a group of people from around the country with hopes to attend one of the most prestigious military academies in the nation - they were a cohesive unit made up of individuals with high goals to become the nation's military leaders of the future.



Wayne Cook

FACE OFF -- Cadet candidates of Alpha Company, United States Military Academy Preparatory School, Fort Monmouth, engage in pugilist exercises during training held here July 28.



NEIGHBORHOOD

THE CORNER

ACS to host seminars on challenging toddlers

The Family Advocacy Program is hosting "Dealing With Challenging Toddler Behavior" at Army Community Service, Bldg. 5201 Maryland Avenue. Seminars run from 6-8 p.m. and include:

- Biting and Other Aggressive Behaviors - Aug. 8

- Bedtime Concerns - Aug. 15

Childcare is available, but parents must pre-register their children at Child and Youth Services, 5203 Maryland Avenue. Call Deraurah Wilson at 562-4830 for more information.

Lunch and Learn series coming to CDC

The Family Advocacy Program is hosting a Lunch and Learn series at the Child Development Center, 5523 Nashville and Tennessee Avenues.

Seminars run from 11:30 a.m.-12:30 p.m. and include:

- Getting Your Child Ready for Kindergarten - Aug. 10

- Are You a "Good" Parent? - Aug. 17

- The Power of Play - Aug. 24

Call Deraurah Wilson for more information and to register. And don't forget to bring your lunch!

ACS to host Army Family Team Building training

Army Community Service will host Army Family Team Building Instructor Training Aug. 30-31 from 8:30 a.m. to 5 p.m. in Bldg. 5201 Maryland Avenue.

Attendees will:

- become more effective instructors
- improve public-speaking skills
- develop self-esteem and confidence

- receive certification as an AFTB instructor

The training is open to all military personnel, family members and civilians. To register call Fran Booth at 562-3930 or send e-mail to frances.booth@dix.army.mil no later than Aug. 14.

Support groups for kids held at Watson Towers

Army Community Service Soldier and Family Life Consultants have begun support groups for children, preteens and teens. The groups will be held in the Watson Towers, JRC, Bldg. 5250, New Jersey Avenue. There are three groups:

- Children, ages 5-10, will meet Tuesday mornings from 10 a.m. to noon

- Preteens, ages 11-13, will meet Thursday mornings from 10 a.m. to noon

- Teens, ages 14-17, will meet Thursday afternoons from 1-3 p.m. Please call Midge Schuck at 649-2522 or 562-6715 to enroll your child/children or for further information.

Cool off with caution in backyard pools

The Directorate of Public Safety, in conjunction with the Fort Dix Housing Office, reminds all installation residents to cool off with caution this summer when using back yard swimming pools.

Housing regulations lay out in detail the safeguards that must be in place before the splashing begins for the post's kids.

Pools must be wading pools only, with water no deeper than 12 inches.

Adult supervision is required whenever a pool is in use. While a foot of water doesn't seem to pose a great hazard for kids, communities nationwide see tragic and needless drownings every summer as a result of unsupervised pool use by young children.

All backyard pools must be emptied when not in use. Covering the pool is not sufficient to meet this standard.

This requirement is in place not only to prevent accidental drownings. Eliminating standing water is a major factor in reducing breeding grounds for mosquitoes that may carry West Nile Virus.

ACS celebrates 42nd birthday



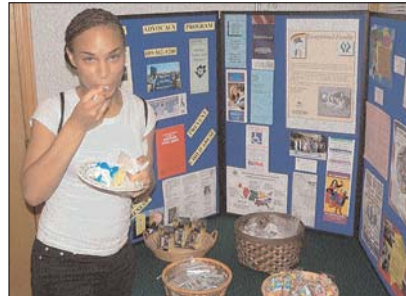
photos by Steve Snyder

SHE'S THE TOP - ACS Deployment and Mobilization Readiness Program Manager Bonnie Reed, above, dishes out goodies at ACS's birthday bash. Bonnie has graced ACS offices - and Fort Dix - for 19 years now, never letting up in serving Soldiers and their families.



HELPING HANDS - Joan Cole, right above, director of the Army Community Service (ACS) center at Fort Dix, helps a patron grab some plastic forks and spoons at ACS' birthday celebration.

PARTY ANIMALS - Friends and supporters of Army Community Services at Fort Dix, above, take to the shade amid celebrating ACS's 42nd birthday last Friday, July 28. Military family member Jamila Brown digs into the birthday cake, below.



Former employee named Volunteer of Quarter

Melissa Bird
Public Affairs Staff

As many departments on Fort Dix have faced recent personnel layoffs, few are able to walk away un-bitter, nevermind come back and provide their volunteer services. One person did just that, and is being recognized for her efforts.

Terry Smith, formally from the Environmental Program, Fort Dix, was named Volunteer of the Quarter July 27 by Fran Booth, Army Volunteer Corps coordinator from Army Community Services.

Melissa Novak from the Environmental Program nominated Smith to the Volunteer Committee for her outstanding efforts for the Earth Day 2006 celebration on Fort Dix.

"During a time when others would have been bitter and unwilling, the recently laid-off Terry Smith took the initiative to act as a volunteer to ensure the success of yet another Earth Day celebration," said Novak.

Smith had been employed at the Environmental Division as a contractor for nine years and served as co-coordinator for the installation's celebrations of Earth Day and Public Lands Day.

"These events have been evolving since we started them years ago with greater community response," said Smith.

Smith has always enjoyed planning these events with Novak. "Melissa and I feed off of each other and we gain momentum off each other's ideas," she added.

This year, the team was broken apart by position cuts, and Smith found herself out of a job in March. This initially sent Novak into panic mode. "The timing of the layoff could not have been worse; this annual celebration on Dix seeks to educate and enlist those in the Fort Dix and surrounding communities in the restoration of the recreation areas on post," said Novak. "In the past years, this event has drawn upwards of 300 volunteers, which is

why the news of her layoff made everyone nervous about how this year's event would turn out."

Smith did not hesitate to jump back into her organizational mode and provide outstanding support to not only the Environmental team, but to the Fort Dix Community. She explained how important it is to get the community involved in their daily surroundings and educate children on the importance of the environment, especially for their future. The programs provide events for the children to learn and understand the different elements of the ecological systems by having exhibits from local wildlife refuges and puppet shows for the younger children.

"In the weeks leading up to the Earth Day, she put in 50 hours a week, one night staying until near midnight to complete all the work necessary for a successful event," explained Novak. "I have worked with Terry on five Earth Days now, and her dedication to the event did not seem less than in previous years. In fact, it seemed she was doing more."

Smith expressed that she misses the long hours in front of the computer creating and designing the events t-shirts. While she has been sorely missed by the Environmental team, her loss has



courtesy photo

TRIUMPHANT RETURN - Former Fort Dix employee Terry Smith, right, receives the Volunteer of the Quarter award from Fran Booth, Army Volunteer Corps coordinator.

not been felt in the community of Fort Dix. Smith continues to play an active roll in the planning and execution of the environmental events being provided in the Fort Dix community.

"I plan to be around for Public Lands Day on Sept. 30," Smith concluded.

Time to make the donuts

Construction is under way on a new Dunkin' Donuts, which will open Aug. 9 in the Fort Dix Shoppette, filling the void left by the departed Smalley's Doughnut Shop.

Shawn Morris



MILITARY MATTERS

Bullets

Always a Soldier program pairs veterans with jobs

•FORT BELVOIR, Va., Army News Service, Aug. 1, 2006 – The U.S. Army Materiel Command provides more than spare parts, bullets and food to warfighters – it provides jobs, too.

The Always a Soldier program provides disabled veterans opportunities to seek employment within AMC, career advancement, job mobility, family wellbeing and greater financial security.

"The goal of the program is to provide continuing support to warfighters beyond their active-duty service," said Jonathan Herst, program coordinator. "By providing jobs for these veterans, AMC can clearly benefit by tapping into the valuable experience and commitment that our men and women in uniform embody."

Although finding jobs for injured veterans is the program's primary mission, the staff also assists Soldiers and their families with purchasing food and clothes, explaining job-application processes and providing veteran resource information.

Most veterans recruited through the program served in operations Iraqi and Enduring Freedom, but the program is open to Soldiers wounded in all conflicts, Herst said.

The program benefits AMC and veterans alike. By employing former service members, AMC gains a dedicated employee who is already familiar with the military, someone with practical, hands-on experience with respect to the equipment that AMC develops and procures for the military, Herst said.

In turn, wounded veterans are given the opportunity to stay in the fight and stay close to the military, where their sacrifices will always be honored, he added. As well, AMC works to accommodate the challenges presented by veterans' injuries.

"We work in reverse. We don't say, 'Here are the jobs we have available.' We ask, 'Where do you want to live? What do you want to do?' and find something to match them specifically," Herst explained. "I want the wounded infantry Soldier not to worry that all his experience is in infantry. We can find a rewarding career for him based on qualifications or acquired skills."

Since the program's inception in June 2004, 17 Soldiers have been hired through the program. AMC hopes to hire more Soldiers from referrals received through the Army Wounded Warrior Program, the Military Severely Injured Joint Operations Center and the Department of Veterans Affairs Vocational Rehabilitation and Employment Program, for which there is a memorandum of understanding.

AMC offers wage-grade positions involving trades and labor; the Student Career Education Program providing job experience and related education; internship programs providing monitored or supervised work/training experience with learning goals; and various GS full performance positions.

For more information about the Always a Soldier program and to apply on-line, visit www.amc.army.mil/alwaysasoldier or call (703) 806-8140.

Beth Musselman, Army Materiel Command

Film highlighting Army Guard to play in theaters nationwide

•ARLINGTON, Va., Army News Service, Aug. 2, 2006 – A two-minute film highlighting the missions of the Army National Guard will appear in 2,000 movie theaters nationwide Aug. 4 to Sept. 7 and in college campus theaters Sept. 8 to Oct. 5.

Entitled "Citizen-Soldier," the film will play before the feature film and is meant to create an understanding of how the National Guard serves America, demonstrating the character and commitment of its Soldiers.

Most civilians never have an opportunity to witness the dynamic range of actions required to perform the missions of the National Guard, according to Col. Richard R. Guzzetta, chief of the Army National Guard's Strength Maintenance Division. This film provides a glimpse of these capabilities and of the Soldiers who perform them, he said.

The film is a culmination of footage of Army Guard units across the country in training and real-life missions shot by embedded civilian and Guard cameramen.

For a list of participating theaters, call Andy Blenkle, LM&O Advertising, at (703) 797-7109; or e-mail andyblenkle@lmo.com or Michael.jones@gnb.army.mil.

Copies of the film can be requested by calling (800) GO-GUARD or e-mailing andyblenkle@lmo.com with your name, address, phone and your intended use of the film.

Guard, Reserve report increase in mobilized service members

•This week, the Army and Navy announced an increase in the number of reserve-component service members on active duty in support of the partial mobilization, while the Air Force, Marine Corps and Coast Guard number decreased. The net collective result is 1,260 more reserve-component service members mobilized than last week.



photos by Wane Cook

ON THE MOVE – A Soldier with the 33rd Military Police Battalion, Illinois National Guard, dives for cover as a simulated explosive device goes off during summer training here in preparation for deployment.

Summer no vacation for MPs

Wayne Cook
Public Affairs Staff

Members of the 33rd Military Police Battalion, Illinois National Guard, are training hard this summer at Fort Dix in preparation for deployment in support of Operation Iraqi Freedom.

Throughout the summer, the Soldiers will undergo training on weapons, vehicles, combat tactics (urban and open-area), convoy operations, force protection, and much more.

"This unit is requesting every kind of training that is available so that they can be best prepared to take on their mission once they hit the area of operations," said Master Sgt. Shelby Helms, unit mobilization assistant.

On Aug. 2, on the hottest day of the year up to that date, the Soldiers of the MP battalion found themselves tackling the Individual Movement Techniques course on Range 86. In the sweltering heat, in full battle gear, they worked their way through the 350-meter course of berms, ditches, constant wire, and other obstacles amidst the burst of simulated explosive devices and .50-caliber machine-gun fire.

One-by-one they made their way to the objective, maintaining cover and concealment, protecting each other's backs. It was not an easy task, though.

"I've been through similar training before, but this was more difficult due to the



heat," said Spc. Michael Grimm, who served five years active-duty and two years in the National Guard.

Grimm is a police officer and emergency room technician in his civilian life, so being in stressful situations is nothing new to him. "I've never experienced anything like this training before. It is very valuable. This training makes me much more prepared for urban fighting. Communications with my battle buddy is extremely important. Practicing these tactics today will better prepare me for when we go overseas. This is really important work and I'm glad to be doing it," said Sgt. Christopher Murdoch, a technical analyst with State Farm Insurance in his civilian life.

For others, the training is a familiar experience from days gone by, but seems to be more difficult because of years that have gone by.

"I was in an infantry brigade in the past and have been a crew chief on Hueys and Blackhawks. I've undergone similar training in the past but this is harder because I'm older now. The heat slows me down. You need more time to prepare. The training is really good, though," said Sgt. 1st Class Troy Nailer, battalion supply sergeant.

One theme seemed to run through each Soldier's mind, no matter how grueling the training might be – they were ecstatic with the amount of support they had received and are receiving from back home.

"I'm very thankful for the support from back home," said Murdoch, who added that it seemed all the members of his civilian company back home and their family members came out to see him off and wish him well.

"I really appreciate all the support from back home. I'm proud to be a United States Soldier and am happy to be doing what needs to be done," added Nailer.

"Our home support was unbelievable. (Well-wishers) lined the roads and overpasses when we left. It was overwhelming," said Sgt. Maj. Vernon Wilfinger, operations sergeant major.

With the support from back home and the intense training that the 33rd MPs are receiving on post, they will be more than ready when their boots hit the ground in support of OIF.

New installation command established

ARLINGTON, Va., Army

News Service, Aug. 2, 2006 –

The Army is establishing the Installation Management Command to improve its ability to provide critical support programs to Soldiers and their families while ensuring its installations are "flagships of readiness."

The command, IMCOM, will come online in early fiscal 2007, and will transform the Army's current installation management structure into an integrated command structure.

The initiative is part of the Army's efforts to reorganize its commands and specified headquarters to obtain the most effective, efficient command and control structure for supporting the modular force, under which there are three types of headquarters: Army Commands, Army Service Component Commands and Direct Reporting Units.

The current installation management structure is part of the Army Chief of Staff, Installation Management, and includes as separate entities ACSIM directorates, the Army Environmental Center, the Installation Management Agency, and the U.S. Army Community and Family Support Center.

The new IMCOM will consolidate four U.S.-based IMA regions into two, and CFSC and AEC will remain separate entities as subordinate commands under the IMCOM.

"This new command is the next logical step in the evolution of IMA," said Lt. Gen. Robert Wilson, the ACSIM. "Retaining CFSC and AEC as distinct commands capitalizes on the brand-

name trust and confidence these two organizations enjoy throughout the Army."

The new organization will be commanded by a lieutenant general who will also retain the position of assistant chief of staff for installation management on the Army staff.

The general officer will be nominated by the President and confirmed by the Senate.

Other leadership changes include the former IMA director position, a major general, who will become IMCOM's deputy commander. The deputy ACSIM will remain a Senior Executive Service civilian.

As part of the recently concluded Base Realignment and Closure process, IMCOM, most

of which is currently based in Virginia and Maryland, will relocate to and co-locate at Fort San Houston, Texas, with its deputy commander. The ACSIM and his staff will remain at the Pentagon.

"This major organizational change will create a far more effective, efficient and agile organization to ensure that the world's best Army is supported on the world's best installations," Wilson said. "We are committed to ensuring that the critical programs and services on which our Soldiers and their families rely will continue seamlessly throughout this transition period."

Wilson also said that while the new organization will most likely be smaller than the current structure, it will be an organization that is "committed to managing personnel changes through attrition in order to minimize turbulence."

The initiative is part of the Army's efforts to reorganize its commands and specified headquarters to obtain the most effective, efficient command and control structure for supporting the modular force.



IRS warns of new Electronic Tax Payment scam

WASHINGTON — The Internal Revenue Service is warning taxpayers to be on the lookout for a new e-mail scam that uses the Treasury Department's Electronic Federal Tax Payment System (EFTPS) as a hook to lure individuals into disclosing their personal information.

The system, which is used by more than six million taxpayers, allows businesses and individuals to pay all their federal taxes online or by phone.

The new e-mail scam, fraught with grammatical errors and typos, looks like a page from IRS.gov and claims to be from the "IRS Antifraud Commission" (sic), a fictitious group. The e-mail claims some-

one has enrolled the taxpayer's credit card in EFTPS and has tried to pay taxes with it. The e-mail also says there have been fraud attempts involving the taxpayer's bank account. The e-mail claims money was lost and "remaining funds" (sic) are blocked. Recipients are asked to click on a link that will help them recover their funds, but the subsequent site asks for personal information that the thieves could use to steal the taxpayer's identity.

"The IRS does not send out unsolicited e-mails asking for personal information," said IRS Commissioner Mark W. Everson. "Don't be taken in by these criminals."

Additionally, the IRS never asks people for the PIN numbers, passwords or similar secret access information for their credit card, bank or other financial accounts.

This latest e-mail scam is the first one known to reference EFTPS.

The IRS has seen a recent increase in these scams. Since November, 104 different scams have been identified, with 22 of those coming in June, the most since 40 were identified in March during the height of the filing season.

Many of these schemes originate outside the United States. To date, investigations by the Treasury Inspector General for

Tax Administration have identified sites hosting more than two dozen IRS-related phishing scams. These scam Web sites have been located in many different countries, including Argentina, Aruba, Australia, Austria, Canada, Chile, China, England, Germany, Indonesia, Italy, Japan, Korea, Malaysia, Mexico, Poland, Singapore and Slovakia, as well as the United States.

Other scams claim to come from the IRS, tell recipients that they are due a federal tax refund, and direct them to a Web site that appears to be a genuine IRS site. The bogus sites contain forms or interactive Web pages similar to IRS forms or Web

pages but which have been modified to request detailed personal and financial information from the e-mail recipients.

Tricking consumers into disclosing their personal and financial information, such as secret access data or credit card or bank account numbers, is fraudulent activity which can result in identity theft. Such schemes perpetrated through the Internet are called "phishing" for information.

The information fraudulently obtained is then used to steal the taxpayer's identity and financial assets. Typically, identity thieves use some-

one's personal data to empty the victim's financial accounts, run up charges on the victim's existing credit cards, apply for new loans, credit cards, services or benefits in the victim's name and even file fraudulent tax returns.

When the IRS learns of new schemes involving use of the IRS name or logo, it issues consumer alerts warning taxpayers about the schemes.

The IRS also has established an electronic mailbox for taxpayers to send information about suspicious e-mails they receive which claim to come from the IRS. Taxpayers should send the information to: phishing@irs.gov.

More than 8,000 bogus emails have been forwarded to the IRS, with nearly 1,300 forwarded in June alone.

The IRS's mail box allows taxpayers to send copies of possibly fraudulent e-mails involving misuse of the IRS name and logo to the IRS for investigation. Instructions on how to properly submit one of these communications to the IRS may be found on the IRS Web site at www.irs.gov.

Enter the term "phishing" in the search box in the upper right hand corner. Then open the article titled "How to Protect Yourself from Suspicious E-Mails" and scroll through it until you find the instructions.

Following these instructions helps ensure that the bogus e-mails relayed by taxpayers retain critical elements found in the original e-mail.

The IRS can use the information, URLs and links in the bogus e-mails to trace the hosting Web sites and alert authorities to help shut down these fraudulent sites.

However, due to the volume the mailbox receives, the IRS cannot acknowledge receipt or reply to taxpayers who submit their bogus e-mails. The phishing@irs.gov mailbox is only for suspicious e-mails and not for general taxpayer contact or inquiries.

For information on preventing or handling the aftermath of identity theft, visit the Federal Trade Commission's consumer Web site at <http://www.consumer.gov/idtheft/index.html> and the OnGuardOnline Web site at <http://onguardonline.gov/index.html>. Click on "Topics" to find the identity theft and phishing areas on OnGuardOnline.

For information on identity theft prevention and victim assistance in relation to tax administration, visit the IRS Identity Theft Web page which can be found on IRS.gov. Enter the term "identity theft" in the search box in the upper right hand corner.

For schemes other than phishing, please report the fraudulent misuse of the IRS name, logo, forms or other IRS property by calling the Treasury Inspector General for Tax Administration's toll-free hotline at 1-800-366-4484.

"The IRS does not send out unsolicited e-mails asking for personal information. Don't be taken in by these criminals."

Mark W. Everson
IRS commissioner



Shawn Morris

Dixans take the LEAD

Several Team Dix members were selected or volunteered to undergo LEAD (Leadership Education and Development) training July 24-28, which was run by instructors from Fort Monmouth. Those attending the training were Brenda Warner, Marianne Tatcher, Emelda Long, Claudette Lyons, Ezzard O'Brien, Juan Oneill, Danise Perez, Daryl Pooler, Kim Mickles, Harold Rochette, Thomas Gilchrist, Alva Calvin, Stephen Wachiles, Christopher O'Donnell, James Garrett, Riley Parker, Gina Accardo, Rita Grmek, Jennifer Simmons, Ronnie Walker and Wanda James.

Read The Post!

Announcements



Movie Schedule at the McGuire AFB Theatre

Movie Hotline 754-5139

Friday, August 4 @ 7:30 p.m.

Click - Cast: Adam Sandler, Kate Beckinsale, Christopher Walken and Henry Winkler - 'Click' focuses on a workaholic architect, Michael Newman, (Adam Sandler) who discovers a universal remote control which allows him to fast-forward and rewind through different parts of his life. However, when the remote begins overriding his choices, life goes from calm to chaos overnight.

MPAA Rating: PG-13 - crude humor including dialogue.
Run Time: 1 hr. 38 min.

Saturday, August 5 @ 7:30 p.m.

Superman Returns - Brandon Routh, Kate Bosworth, Kevin Spacey, and James Marsden - Following a mysterious absence of several years, the Man of Steel comes back to Earth in the action-adventure 'Superman Returns,' a new chapter in the saga of one of the world's most beloved superheroes.

MPAA Rating: PG-13 - violence.
Run Time: 2 hr. 33 min.

Future Features...

The Devil Wears Prade

Friday, August 11 @ 7:30 p.m.
PG - 13, 110 min.

**Pirates of the Caribbean:
Dead Man's Chest**

Saturday, August 12 @ 7:30 p.m.
PG - 13, 145 min.

Main Chapel

562-5791/562-2020
Sunday services

Protestant at 9 a.m.

Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.

Catholic CCD is held at 9:15 a.m.

Protestant-Gospel Sunday School at 10:15 a.m.

Islamic Prayer Services

held at noon, Monday through Thursday - Room 24

Adult Bible Study

Wednesdays at 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

Christian Women of the Chapel

hold a Bible Study - Tuesdays, 9:30 a.m. to noon

Jewish Services

Shabbat held every first and third Friday evening

at 6 p.m. followed by KIDDOUSH Fellowship

Chapel 5 (Bldg. 5950)

562-4847

Memorial Prayer Service for Our Soldiers

5:45 p.m. each Sunday

Computer Room: Mon. - Fri.

9 a.m. - noon/2:4 p.m. and 5-8 p.m.

Infant Baptism and Lutheran Confirmation

Instruction by appointment

Organizations

"In Our Own Voice" - Living with Mental Illness

This is a "recovery education" program designed to bring audiences the facts about living with and recovering from severe mental illnesses, such as major depression, bipolar-affective disorder, and

schizophrenia. The presentation is a combination of live plus video tape, is given by NAMI/New Jersey volunteers who live with and are in recovery from these disorders. The trained presenters also answer audience questions and provide audience members with information that they may request. For more information please call (609) 265-8838.

305 MDG Pharmacy information

Patients using the 305 MDG Ambulatory Healthcare Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.

Current prescriptions may be refilled 24 hours-a-day, seven days a week., by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

Kid's are People Too!

Army Community Service Soldier and Family Life Consultants will begin support groups for children, preteens and teens two times a week beginning August 3 for four weeks. The groups will be held in the MAIN CHAPEL, Room 54 on New Jersey Avenue. We will have two groups: For Children, ages 5-10, group sessions will be Tuesday and Thursday mornings from 10 a.m. - 12 p.m.

For Teen's and Preteen's, ages 11-17, groups will be Tuesday and Thursday afternoons from 1 p.m. - 3 p.m. Parents are requested to be at the first session for a short introduction. Please contact Midge Schuck at 649-2522 or 562-6715 to enroll your child/children or for further information.

Civil Air Patrol Membership

Civil Air Patrol is a vital organization that prepares our youth morally, physically and mentally as leaders of tomorrow. By providing leadership training, technical education, powered and non-powered flight orientation, scholarships and career education for young people (12-18 yrs). We are looking for adult and cadet members who want to make a difference in their personal lives while contributing to a strong America. Contact: Major. Michael Sperry 609-239-4616 or msperry1@comcast.net/http://www.njwgv.gov/ Building 3412 Neely Rd, McGuire AFB.

CYS Program Vacancies

Child and Youth Services has slots available in full day care for children ages two to five years old. Openings are also available for before and after school care for youths in kindergarten through eighth grade. For more information call 562-4702.

Fort Dix Mentor Program

All mentors - seasoned, new, or those wishing to apply or learn more about the Fort Dix Mentoring Program. For information call Anna Cooper, school liaison officer, at 562-6271. Make a difference in a child's life.

Volunteer Opportunities at Prison

The Federal Correctional Institution at Fort Dix is looking for people to fill volunteer positions. They are looking to create and develop volunteerism through partnership with Community Groups, Public Service Organizations and other agencies in order to enhance public awareness, foster community relationships, and prepare inmates for successful re-entry into the community and family units.

All volunteer will have orientation training, Law Enforcement Clearance, Fingerprint/Photograph Interview, and a sponsor letter from a member of the community.

The Institution is looking for retired teachers, accountants, employers, crafters, retail clothing personnel, drug and alcohol counselors, students majoring in psychology who desire practical experience, volunteers who will serve as pre-release mentors, along with many more positions. Potential Volunteers should contact Samuel E. Edwards Volunteer Coordinator at (609) 723-1100 ext. 189 or e-mail SEdwards@bop.gov.

MOBILIZATION NEW YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888

Monday to Sunday -- 7 a.m. to 10 p.m.
During the day Start Tour buses are used, in evening the military Bluebird buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044

Bldg. 5359, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100

Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary

723-4154

Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307

Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Club Dix

723-3272

Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Spouses' Club Thrift Shop

723-2683

Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Recreation Center

562-4956

Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.

AT&T Cyber Zone offers computer access for a fee

McGuire Shoppette

723-4705

East Arnold Avenue by the 24-hour gate
Monday to Thursday -- 6:30 a.m. to 9 p.m.
Friday -- 6:30 a.m. to 7 p.m.
Saturday -- 9 a.m. to 10 p.m.
Sunday -- 9 a.m. to 7 p.m.

Outdoor Recreation

562-6667

Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.

Monday to Friday 10 a.m. - 5 p.m.

Saturday 4 p.m.

Computer Lab

562-5228

Delaware Ave. & First St.
Tuesday to Friday - 1 p.m. to 9 p.m.
Saturday - Sunday - 1 p.m. to 7 p.m.

McGuire Gas Station

723-4705

East Arnold Avenue by the 24-hour gate
Monday to Friday -- 6:30 a.m. to 7 p.m.

Saturday -- 9 a.m. to 7 p.m.

Sunday -- 9 a.m. to 6 p.m.

Firestone

723-0464

Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Dining Facilities

Bldgs. 5640 and 5986

Breakfast Mon - Sun 5:30 to 7:30 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:15 p.m.
Dinner Mon - Sun 4:30 to 6:30 p.m.

Bldg. 5985 (FOB)

Breakfast Mon - Sun 5 to 6:30 a.m.
Dinner Mon - Sun 6 to 7:30 p.m.

Burger King

723-8937

Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.

Sunday 7 a.m. to 8 p.m.

TRICARE information
1 (877) 874-2773

Appointments
1 (866) 377-2778

Mills Troop Clinic
562-5707

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:

Tuesday - Friday 2 to 7 p.m.

Saturday 1 to 7 p.m.

Sunday & Monday CLOSED

Administrative Hours:

Tuesday - Friday noon to 6 p.m.

August Schedule

August 4

Self Directed Activities

August 5

Midnight Basketball

Open Rec

3:30 - 7 p.m.

Basketball/Guest

Teens Only

7 - 12:00 a.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

Wiccan group meets at McGuire

The Wiccan study group will meet the 1st Thursday of each month at McGuire Library conference room from 5:30 to 7:30 p.m. Contact Master Sgt. William Oram at oramw@yahoo.com.

Army Community

Service Events

Bldg. 5201 Maryland Ave.

(609) 562- 2767

August 8

Dealing with Challenging Toddler Behavior

Biting and other Aggressive Behavior's

5 p.m. - 7 p.m.

Financial Readiness Class

2nd Wednesday of each month

1 p.m. - 2 p.m.

Fort Dix Thrift Shop

50-PERCENT OFF SALE

Get 50-percent off all expired merchandise now through Saturday, August 19

August Thrift Shop Hours

Tuesday and Thursday, 10 a.m. - 2 p.m.

1st Wednesday, 4 p.m. - 8 p.m.

1st and 3rd Saturday, 10 a.m. - 2 p.m.

The Thrift Shop will close for inventory on Aug. 22 and will reopen Sept. 5.

For more information call 723-2784

Artillerists take best shot during family day

Spc. Finnbar McCallion
444th MPAD

They were just another pair of busses cruising along Range Road, but instead of taking Soldiers to training, the busses were carrying the homefront heroes of the New Jersey Army National Guard's 3rd/112th Field Artillery, as the unit held a family day out in the field July 30.

"Today we're going to show the family members what we do and what we train for every time we are away from them," said Maj. Brian Scully, executive officer of the 3rd Battalion, 112th Field Artillery, headquartered in Morristown. "Not a lot of family members get to see what the field artillery does in witnessing a live-fire event."

Scully added it is important to let the families see the Guard members in action.

"It's the Soldier who signs the enlisted papers in writing, but it's really the family who sign it too, but you just don't see it," said Scully.

"My husband has been doing this for over 22 years, so it's a very special day," said Vicki Scully, wife of Maj. Brian Scully. "To finally be able to see what he has been doing is totally impressive. Think about it - they can fire a round 18 miles away into a trash can, how could you not be impressed?"

"I'm here because it's good to see what my son does, and it's great to bring my grandchildren," said Peter Horan, a former service member in the British Royal Navy and the father of Master Sgt. Paul Horan, a Soldier serving today. "I did this family day program about 10 years ago, and it's impressive. You really get to see up front what they really do with the guys in action. I am really proud of my son and his service."

Not only was Horan's dad impressed, but also his daughter was excited.

"My daughter said, 'Dad, I'm stoked.' I said, 'What's that mean?' She said, 'I'm happy to be here.' She wants to see what

goes on," said Horan, a member of Alpha battery.

"It's important to me that my kids are here and get a chance to see what I do, because the whole time I have been in, they have never completely understood what was going on, especially getting deployed and everything; never saw what I actually did, or why I joined the Guard, so this is good, especially with the fire missions and seeing the howitzers fire," he said.

This annual training period was the first time in a long time that the 3rd/112th has gotten together as a group to pull the lanyards of the big guns. With Soldiers on the boarder in New Mexico currently, and with deployments to Iraq, the European Theater of Operations and Guantanamo Bay, just to mention a few since Sept. 11, 2001, these cannoners have seen it all.

For those who need reminding, this battalion comprises the brotherhood of service members who served beside the four Guard Soldiers who were killed in two separate attacks in Baghdad on June 4-5, 2004.

"Today we're going to show the family members what we do and what we train for every time we are away from them. Not a lot of family members get to see what the field artillery does in witnessing a live-fire event."

Maj. Brian Scully
3rd/112th FA

In fact, the history of the 3rd Battalion, 112th Field Artillery extends back to the Revolutionary War. As the various batteries formed and redesignated names, the field artillery has been involved in some way or form in nearly every major conflict the country has been engaged in, from the World Wars, to Korea, to the present day struggles with Iraq.

"But Being at Fort Dix this year, because we are in such transition with Soldiers in New



Pascual Flores

Mexico, made the traditional AT on Fort Drum beyond reach," said Scully. "So we decided to take advantage of this geography and make this opportunity available to our families."

For the 3rd/112th this AT - unbeknownst to some of the families - had more highlights than just the Family Day. As the gun crews were certified on their 155-millimeter Howitzers, in the back of their minds they knew this could be the last time they would fire the self-propelled Howitzers. The Jersey field artillery took the beginning steps toward Army transformation, making battalion- and battery-wide moves to a leaner fighting group, that will one day trade its M-209s for the 105-millimeter towed Howitzers.

"For some of the guys, these weapons have a sentimental value. A lot of these guys grew up on these weapons and have used them their whole careers," said Sgt. 1st Class Dilok Boom-mema, readiness NCO.

And the 3rd/112th wasn't just honored by the presence of their family; as a family, they honored one of their own that day - "The Smoke," Sgt. 1st Class Willie Johnson, who is retiring in January at the age of 60. Johnson served in Vietnam and most recently in Iraq.

SHOT HEARD 'ROUND THE POST -- The New Jersey Army National Guard's 3rd/112th Field Artillery held a family day on the Fort Dix ranges July 30. Family members were treated to several live fires from the unit's artillery pieces. The unit members also gathered to pull the lanyard, below, on what may be their final shot fired before undergoing changes as part of Army Transformation.



Spc. Finnbar McCallion

"I wish I could stay longer, but they won't let me. I'm very proud of what I've done," he said. In honor of his long service and dedication, the command had all five Howitzers send 10 rounds each down range concurrently.

"It's hard to explain to our

family members what we do, but seeing it live, feeling it, hearing it, smelling it, here today, I think gave a different perspective," said Lt. Col. Henri Schepens, commander of the field artillery who will soon see his artillery change its name to the 112th Fires Battalion.

As the buses pulled away and the families left, the battery members gathered round to fire the final shot of their Annual Training period, but also their final shot as the 3rd Battalion, 112th Field Artillery, which was also their first shot into transition, change, and the future.

Motorcycle safety training mandatory on DoD posts

Ed Mingin
Public Affairs Staff

Motorcycles are always popular this time of year. With gas prices hovering around \$3 per gallon, the fuel-efficient motorcycle is more popular than ever, and bike sales have increased dramatically.

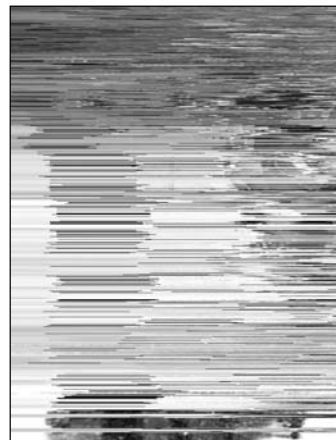
The lure of the open road, the wind in your hair and the substantial fuel savings have brought many new riders to the sport. With the increase in the number of riders, there has also been an increase in the number of motorcycle accidents. Motorcycle fatalities involving Soldiers nearly doubled from 2004 to 2005.

Whether a new rider or an experienced one, motorcycles are inherently dangerous. Even with the proper safety equipment, motorcycles offer little protection for the rider. Riders can take steps to protect themselves. In addition to the typical gear (helmet, jacket, gloves, boots, reflective clothing) there is one important thing many riders overlook - training.

Most riders are self-taught or learn by riding with friends. Learning under the watchful eye of a certified instructor will provide the best possible education for a rider, offering a greater amount of safety.

The Motorcycle Safety Foundation (MSF) offers rider-training courses to teach all riders the skills they need to be safe. Starting with basic skills for new riders, the classes offer something for riders of all levels. Even the most experienced riders will gain something from these courses.

Taking the MSF course is not only a good idea, it's required for anyone wanting to ride a motorcycle on a DoD installation.



Staff Sgt. Robert Stephenson, 444th MPAD

LEAN INTO IT -- Maj. Carl Palmer, 444th MPAD, cuts a sharp turn at the Motorcycle Safety Foundation course.

MSF classes taught by certified instructors are available at many locations. To make things even more convenient for those working and living on Fort Dix and McGuire, MSF classes are offered at McGuire. Best of all, the classes at McGuire are free. "They filled up pretty fast," said Air Force Tech. Sgt. Mark Hazelbaker. "They're filled up until September, and those are filling up too."

The MSF classes at McGuire are taught by members of the Green Knights. Upon completion of the MSF course, riders will be issued a MSF card. The

MSF card offers proof of a rider's completion of the safety course, and is required to ride on Fort Dix, McGuire, and all other DoD installations.

Riders without a MSF card could find their bikes impounded if they are stopped by police, or they may be denied entry to the post.

For information about the MSF class, call 754-7233 or e-mail 305AMW.SEG@mcguire.af.mil.

For more information about the Green Knights, visit their Web site at www.mcguireknights.org.

NASCAR salutes military

Wayne Cook
Public Affairs Staff

Organizers of the 2006 Pocono 500 NASCAR race centered their pre-race events around the men and women of the military, paying tribute to those who give so much to preserve the freedoms of all Americans and to extend those same liberties to others all over the globe.

Entertainment before the race was provided by an Air Force band accompanied by vocal soloists who sang patriotic songs for the crowd.

As the beginning of the race approached the drivers were introduced and paraded down the straight-a-way in front of the grandstands riding in the back of military humvees.

Before the race a moment of silence was observed for those in uniform who are serving overseas.

As the Star Spangled Banner ended a fly-by was performed by four A-10 attack airplanes, also known as tank killers, flown by members of the United States Air Force. Around lap ten of the race the crowd was treated to another fly-by as three Apache helicopters flown by members of the United States Army flew a couple of hundred feet above the spectators. The crowd erupted in cheers during both fly-bys and rose to their feet and waved their hats at the aircraft.

Throughout the crowd was the visage of men and women in uniform who had been invited to the event and given complimentary admittance, including several from Fort Dix and McGuire.

"It was real nice being there. I enjoyed it a lot. They let Sgt. Roberts and me into the pits and



NEVER GIVE UP -- Despite a rough start this season, the Army race team continues to improve.

we got to watch the entire race from there. It felt really good to be recognized as a member of the military. I had a truly wonderful time," said Spc. Clark Whitney of Charlie Company.

Three of the race teams represented different components of the military: Joe Nemecek drove the #1 car for Army, Greg Biffle drove the #16 car for National Guard, and Kenny Schrader drove the #21 car for Air Force.

Army team fights to the finish

Joe Nemecek continues to head in the right direction as the U.S. Army driver posted a 17th-place finish in the Pennsylvania 500 Nextel Cup race.

"It wasn't great, but for the third straight race we learned a lot and we're starting to see better performances," offered Nemecek.

It's not that Nemecek and crew chief Ryan Pemberton are happy about finishing 17. What pleases them is the continued improvement of the 01 Army Chevrolet.

"We were a whole lot better here today than we were back in June," said Nemecek, who finished 29 in last month's race at Pocono Raceway. "The first half of the season was miserable, but that's behind us and it's only going to get better in the home stretch."

Nemecek started in the number 10 position but finished 17 overall.

Biffle started in the number 20 position and finished 24. Schrader started out in the number 18 position and finished at 15.

The race was won by Denny Hamlin in the #11 FedEx/Kinkos car who led more than 150 of the 200 laps during the race. The win made it two years in a row for Hamlin at the Pocono 500.

Nemecek, who started the 200-lap, 500-mile race from the 10th position, had a shot at a top-10 finish. Before the final pit stop with approximately 20 laps remaining on the 2.5-mile tri-oval, Nemecek was running 13th. But when the race restarted for the final green-flag run, the Army Chevy got a little loose and dropped a few spots in track position.

"The car was sliding and didn't quite have the grip that was needed to make a charge," explained Nemecek. "The car was getting better, but we just ran out of laps. The Army Chevy was much better on the long runs today. As I said, today's finish wasn't great, but it was decent. We're a spirited team and will continue to live by the Army creed of never quitting."



Ed Mingin

Steel Angel win championship

After dominating the competition all season, Steel Angel are the regular season champions. Finishing with a record of 14-2, they narrowly edged out the 13-3 NRDP. Maj. Scott Fitzgerald, of Steel Angel, is shown above. With the regular season coming to a close, the teams will meet again starting next week for the post season. Monday, Aug. 7 will bring the post season to a start, with the championship game being held Aug. 16. There is consideration for a fall-league, if enough players show interest in participating. Anyone wanting more information about the fall-league can call the Griffith Field House at 562-4888.

Sports Shorts

Griffith Field House

Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Doughboy Gym

Newport Ave.
Monday - Friday
5 to 9 p.m.
Closed weekends

Soccer Registration

Soccer registration for the upcoming fall season will begin June 1 and run through Aug. 31, Mon. - Fri. 9 a.m. - 5 p.m. There is a \$40 soccer fee and an annual fee of \$18, which is good for one year in any of the CYS programs.

Must show proof of sports physical for current year or have one on file. Youth third grade and above need to register with the McGuire Youth Sports program.

Call 562-4702 or 562-5231 for more information.

Local track offers military discount

Once again New Egypt Speedway is offering a discount off the price of an adult admission ticket to all active

duty military personnel and their spouses, with proper ID. The military discount is for Saturday night racing programs at the track located on Route 539 in Plumsted Twp.

For more info visit the track's website at www.newegyptspeedway.net.

Outdoor Recreation

Aug. 19
Tubing - BBQ Lunch
Fees: \$25

Aug. 26
Skydiving
Fees: \$195 for tandem jump. \$295 with DVD.

Sept. 9
Mountain Biking
Fees: \$15 with your own bike. \$20 without your own bike.

Sept. 16
Sailing
Fees: \$75 adult - \$65 child

Call 562-6667 for more information about programs offered by Outdoor Rec.

Commander's Cup

The next Commander's Cup is scheduled for August 23. Anyone wishing to participate should register a week in advance.

Call the Golf Course at 562-5443 for more information.

Field House Fitness

Spin-It
Mon. noon - 12:45 p.m.
Mon. 6:15 - 7:00 p.m.
Tue. 5:15 p.m. - 6:00 p.m.
Wed. noon - 12:45 p.m.
Wed. 5:15 p.m. - 6:00 p.m.
Fri. noon - 12:45 p.m.
Total Toning
Mon. 5:15 p.m. - 6:15 p.m.
Mind & Body Pilates
Tue. 8:30 a.m.
Thur. 6:15 p.m. - 7 p.m.
Cardio Muscle
Tue. noon - 12:45 p.m.
Power Step
Thur. noon - 12:45 p.m.
Intro to Fitness
Thur. 5:15 p.m. - 6:15 p.m.

Call 562-4888 for more information.

Flag Football

Though summer is far from over, football season looms on the horizon. The pros start their preseason games this month, and Fort Dix Youth football has already started practice for the upcoming season.

Not to be left out, the Griffith Field House is starting to sign up players for the flag football league.

Anyone interested should call 562-4888.

Fort Dix Youth Sports Soccer, Registration 2006

ATTENTION: Players, Coaches and Team Parents;
Its registration time again! Parents, before you can register your children in our sports programs, they need to be registered with Child Youth Services (CYS) office at building 5203 on Maryland Ave. There is an annual fee of \$18.00 which is good for one year in any of our CYS programs. Contact 562-4702 or 562-5231 for an appointment to register for soccer.

Fees:
Soccer - \$40.00

No refunds of sports fees after registration.
(\$15.00 LATE FEE AFTER 31 AUGUST 2006).

Soccer Divisions:
Tiny Tots, Ages 3-4 (co-ed)
K5 (co-ed), Grades 1 & 2 (co-ed)
Youth 3rd grade and up interested in playing soccer may register with the McGuire Youth Sports program.

Registrations:
1 June - 31 August 2006
Monday-Friday 9am-5pm

Physicals:
Must show proof of sports physical for current year, or have one on file in the Central Reg. Office as required by Ar215.

Proof of age:
Must show Birth Certificate or Military ID for Soccer.

Who:
Family members of Active duty, Retired military & DOD civilian employees.

Practice begins 5 September 2006
Coaches will call to let parents know practice times and locations.



ARTS & CRAFTS

Bldg. 6039
Philadelphia Street
562-5691

Registration & sales store hours:

Tuesday-Thursday
noon-5 p.m. & 6-8:45 p.m.

Friday
11 a.m. - 4:45 p.m.

Saturday
9 a.m. - 4:45 p.m.

PROGRAMS

Kids Craft Classes

Saturdays, 2:30 - 4 p.m.
Aug. 5.....Faux Fish Tank
Aug. 12.....Back to School
 Crittter Party
Aug. 19.....End of Summer
 Collage
\$5 fee plus materials

Quilts For Kids

Aug. 12, 11 a.m. - 3 p.m.

Adult Craft Classes

Tuesdays, 6 - 8:30 p.m.

Aug. 15.....Tea for One
Aug. 22.....Beach Ball Pillow
Aug. 29.....Summer Memory
Album

\$5 fee plus materials

Framing Qualification Classes

Aug. 5, 9 - 11:30 a.m.

Aug. 16, 6 - 8:30 p.m.

\$10 registration fee

Lunch Classes

Fridays, 11:45 a.m. - 12:30 p.m.

Aug. 11.....Pincushion Ladies

Pay only for materials

Contemporary Ceramic Studio

Tues. to Thur., noon to 5 p.m.

& 6 - 9 p.m.

Friday, 11 a.m. - 5 p.m.

Saturday, 9 a.m. - 5 p.m.

Looking for a place to walk in,

relax and get creative? This is the place for you and your family to paint functional or decorative items to give as gifts or keep for yourself. We have many bisque ware items to choose, from plates and mugs to piggy banks, lots of project ideas, and a helpful staff to get you started. You do the painting and we'll complete your masterpiece with a food-safe glaze and firing. Come and have fun!

Krafty Birthdays

Arts and Crafts offers fun and affordable Krafty Birthday parties, which include up to two hours of party room use, one kraft project with instruction and all materials, plus a digital-mastered photo t-shirt for the birthday child! Your choice of crafts includes ceramic painting, create-a-critter stuffed animals, jewelry, and a variety of other fun and popular crafts.



Army Community Service (ACS)*

562-2767

Bldg. 5201, on the corner of 8th Street and Maryland Avenue

Hours of Operation:

Monday through Friday, 7:45 a.m. to 4:30 p.m.

Looking for information and assistance? ACS is here to serve you. ACS serves all military branches of service, DoD civilian personnel and retirees. The ACS Center is accessible to individuals with disabilities.

*A Department of the Army Accredited Soldier and Family Service Organization

Honoring the Colors

Reveille

6 a.m. (0600 hours)

**Military personnel
in uniform**

Stand at attention,
face the flag and
salute at first note.

**Military personnel
not in uniform,
civilians**

Stand at attention,
face the flag and
place right hand over
heart at first note.

**Military personnel
in formation or
in a group**

Senior Soldier calls
group to "Attention,"
then "Present, Arms"
at first note. Calls
"Order, Arms" at
conclusion.

**Individual military
personnel, civilians
in a vehicle**

Stop vehicle and exit.
Follow steps above.

**Group of military
personnel in a vehicle**

Stop vehicle. Individual
in charge exits and follows
steps above.

Retreat

5 p.m. (1700 hours)

Stand at attention,
face the flag for
Retreat, then
salute at first note
of To the Colors.

Stand at attention,
face the flag for
Retreat, then place
right hand over heart
at first note of
To the Colors.

Senior Soldier calls
group to "Attention,"
then "Parade, Rest"
at first note of
Retreat. Calls
group to "Attention"
and "Present, Arms"
at first note of To the
Colors, then "Order,
Arms" at conclusion.

Stop vehicle and exit.
Follow steps above.

Stop vehicle. Individual
in charge exits and
follows steps above.



Division dedicates training facility to hero

His fellow Soldiers joked, he was "Capt. Army."

But when the Soldier, Master Sgt. Paul D. Karpowich, died in Iraq in 2004, the joke turned into a fact. His fellow Soldiers of the 98th Division (Institutional Training) recalled the exploits of "Capt. Army," always flying high above the Army standard at any task he was assigned.

Building 5605 was dedicated to honor the fallen Soldier on Saturday.

Command Sgt. Major Robert Riti, of the 98th Division, said that a few years ago when Karpowich was competing for the drill sergeant of the year, he knew all the answers and exceed all competition standards.

"When we heard he had died in Iraq, I felt an emptiness and the entire division felt an emptiness," Riti said.

"There a days when I'm doing push-ups and I don't feel I can do another one; I hear Paul say, 'Come on sergeant major, there's a few more in you,'" he said.

"Today, before I make a decision, I ask, 'What more can I do?' I salute Paul Karpowich for answering that question everyday," Riti added.

Karpowich was killed in Iraq Dec. 21, 2004, by an insurgent suicide bomb attack on the dining facility at Forward Operating Base Marez, a military camp for U.S. and Iraqi forces just south of Mosul.

Karpowich was born in Free-land, Pa., on July 31, 1974. After graduating high school, Karpowich served four years on active duty in the 82nd Airborne Division, becoming a master sniper, parachutist and drill sergeant.

The latest assignment for this 13-year veteran of the regular Army and reserve component was as a drill instructor with the 1st Battalion, 417th Regiment, 1st Brigade, 98th Division (Institutional Training) in

Pennsauken.

In August 2004, Karpowich volunteered for active duty to be part of the Foreign Army Training Mission, which called several hundred members of the 98th Division to Iraq.

The mission was to train the new Iraqi Army. The unit conducted "train-the-trainer" non-commissioned officer and officer education courses in conjunction with NATO's training efforts, and provided Basic Training support for the Iraqi National Guard. He was in Iraq only 27 days before losing his life.

Karpowich's medals and ribbons include the Purple Heart Medal, Bronze Star Medal, Army Commendation Medal, Joint Service Achievement Medal, Army Achievement Medal with Two Oak Leaf Clusters, Army Reserve Component Achievement Medal, NCO Professional Development Ribbon, Army Service Ribbon, and

Multinational Force Observer Ribbon.

In civilian life, Karpowich was a furniture designer and sales representative for Eye Designs of Collegeville, Pa. He enjoyed the outdoors, especially hunting and fishing.

Karpowich and his wife, Amanda, recently purchased 17-acres of land near Free-land. Having spent several months clearing the land before being called to active duty, Karpowich placed an American Flag on a tree near where their house would be built.

The American Flag is all that stands on that land today.

He is survived by his wife Amanda, father Richard, step-mother Clara, mother Jackie Getz, step-father Barry Getz, brother Philip and sister-in-law Holly, sister Joanna, sister Kristin Moore and brother-in-law Nathaniel Moore, and niece and goddaughter Nataleigh Moore.



David Moore

REMEMBERED — Master Sgt. Paul D. Karpowich was honored Saturday during a building dedication ceremony at Fort Dix. Building 5605, a 98th Division training building, was named in honor of the Soldier who died in Iraq supporting the Global War on Terrorism in 2004. His parents, mother Jackie Getz and father Richard Karpowich unveil the Soldier's portrait with Maj. Gen. Bruce Robinson, commanding general of the 98th Division (Institutional Training).

